

Summer Road Trip!

Each week we'll share different activities, rituals, reflections, and ideas for you to practice this summer. Take some time to engage with these experiences that prepare you for your journey of faith.

Dirty, sticky hands can be a sign of a busy, happy summer! When cleaning up with hand sanitizer or soap, remember the cleansing waters of baptism. Use a finger to trace a cross on your hand or forehead and whisper these words to God: Refresh me, renew me. Amen.

Today read the story of how Jesus and the Disciples fed thousands of people (Matthew 14: 13-21). This is a familiar story for many people. What do you notice about the story as you read it today? You can help feed people who are hungry by helping to stock our food pantry. Take a trip to the store and let each member of your family pick out a non-perishable item to bring to church for our Debbie Blue Food Pantry.

Search online to find local, county, and state parks within a ten-mile radius of your home. Choose a few you haven't been to before and explore them together. Notice each park's unique features. Take a family picture in the same pose in each park. Give thanks to God for the people who keep parks beautiful for your community.

Test your Bible knowledge in a game of Disciples Hopscotch. Draw a hopscotch game on the sidewalk with 12 numbered squares. As your jump, name each of Jesus' disciples. (Luke 6:14-16) Peter is named first and Judas Iscariot is last. Keep hopping until you can name them all without stopping!

July 30 is International Day of Friendship. Sometimes we look around at our world and wonder can we ever stop hatred or fighting? Can we learn to trust others and show God's love? The International Day of Friendship is certainly an opportunity put our lives into action to show God's intention that we live in friendship and love. Today read Ephesians 4: 31-32 and think about the ways you can put Christ's kindness into action. Who has shown you friendship? How does that friendship make a difference in your life? Give thanks to God for friendships!

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