

Summer Road Trip!

Each week we'll share different activities, rituals, reflections, and ideas for you to practice this summer. Take some time to engage with these experiences that prepare you for your journey of faith.

Read John 4:7-10

Set up a water station at a busy corner of a walking trail or bike path. Give the gift of water to those who tread or cycle by. Jesus describes himself as "living water," offering spiritual refreshment and new life, like a cold drink on a hot day.

July 12: National Simplicity Day

Commit to unplugging from personal devices today and focus on one another instead. Ask questions, share stories, and make memories. Make an effort to know, love, and celebrate every member of your family.

Explore a restaurant, deli, or grocery store in your area that sells food from another region of the world. Ask for recommendations and try some new foods from foreign places. As you enjoy the food, find this region of the world on a map or globe and learn a few things about this location. Give thanks for this place in the prayer you say before eating.

Read Genesis 1:25

God made "...everything that creeps upon the ground of every kind. And God saw that it was good." Learn about the creepy, crawly creatures in God's creation by exploring your backyard, a park, or any spot where you can search for bugs, worms, and other critters.

Read Mark 12:41-44

When you are near a fountain, try this coin-tossing ritual. Instead of making a wish, say a prayer. Notice how the *plop* makes an impact, creating ripples that go on after the coin splashes in. Jesus reminds us that when we give from the heart, even a small offering makes a big difference.